

- Becoming a More [First-Gen. College] Student-Ready Campus

  Learn a five-step process to welcome first-gen. college students

  to campus and assist them to graduation, including terms, barriers, and supports.

  Read Media Property J. Paralleling by College Students

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  - Exploring How Jargon Influences First-Gen Experiences

Recognize how higher ed lingo and acronyms can create barriers for first-gen students and families and learn how to recalibrate communication.

Success Stories of First-Generation College Students

Experience the power of storytelling by learning Sonja's first-gen story, hearing the success stories of others, and sharing parts of your own story.

First-Gen is Not My Only Identity: Recognizing Intersections

Bust the myth that being first-gen is a monolithic experience by exploring how identity intersections create unique first-gen perspectives.

First-Gen Foundation: Preparing Classrooms & Curricula

Prepare academic foundations for first-gen students by analyzing learning environments and curricular content for costs, representation, and jargon.

• Just For Y'all: Tailored Sessions for Your Institution

Sonja is happy to work with campuses to create tailored sessions around their specific needs in serving first-generation college students.

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First-Generation College Student Speaking & Consulting Topics